Dear Parents/Students

In 2012, we are providing students with a comprehensive and exciting set of programs for the PE, Health & Sport curriculum.

**Physical Education Curriculum**

1. All Years 7-9 students will have a core allocation of 2 periods per week (2 &frac12; hours) for the whole year of Physical Education which will integrate aspects of PE, Health & Sport.
2. In Year 10, there is a core Health unit and several elective Sport and Outdoor Ed units. All of these have 3 periods per week for a semester.
3. As well as the timetabled periods each week, these core subjects will also include participation in our three sports carnivals (Swimming, Athletics & Cross Country) as well as a Winter and a Summer range of interschool team sports. Consequently, the assessment tasks for this core unit will include activities relevant to each of these five special sports days as well as the activities in the two timetabled periods per week. Winning individuals or teams can then go on to the Division, Region and State-wide Competitions.
4. Interested students can also decide to do additional sport by choosing a sport option in their 1 period per week electives or by trying out for inclusion in our Basketball Academy master classes:
   - Years 7 & 8 – 1 &frac12; periods per week plus 1 evening in a Knox Basketball Association team
   - Years 9 & 10 – 3 periods per week plus 1 evening in a Knox Basketball team
   (Our new Basketball Academy website is currently under construction, parents will be notified by the end of February of the website address)

In Years 11 & 12 interested students will continue to have a range of related subjects to choose from: VCE Health, Phys Ed, Outdoor Ed, VCAL Personal Development and VET Sport & Rec. A new program has been added for 2012 – SEDA Sports VCAL which links in with peak sporting bodies including the AFL, Basketball Vic, Tennis Vic, Netball Vic (see the SEDA Website [www.sedagroup.com.au](http://www.sedagroup.com.au) for more details).

**House Swimming Carnival** – to be held on Monday 20th February.

- **This is a compulsory activity for all Year 7-10 students**
  Year 11 & 12 students may choose to participate as competitors/spectators or have a ‘Personal Study Day’ at home or at school.
  There will be no scheduled classes in Years 7-12 so that all students and staff can attend the Carnival without missing lessons.
- All students will travel to the Monash Aquatic Centre in Waverley to participate in this Scheduled Sports Day. **Each student (years 7-12) will need to return their parent permission slip and $10 payment by Friday to be eligible to attend.**
- The Participation assessment task (which will contribute towards each student’s semester report for their core subject (PE for Years 7-9, and Health for Year 10) will be assessed as follows:
  - High Distinction – first place in any event or entry in 3 events
  - Distinction – second or third place in any event
  - Credit – entry in any one event (including novelty events)
  - Pass – free swimming in the Wave Pool or written assignment*
  - Borderline – participate as a spectator only

  * Any student who is absent on the day (including those who are ill) will be required to submit a written assignment (approx 3 hours work) to be handed to their PE/Health teacher within one week of the event. The details of the assignment will be provided by the absent student’s core PE/Health teacher and will also be posted on the Ultranet for the information of parents.